

# Sausage & Fennel Stuffed Butternut



Servings:

12 servings

Prep Time:

20 min

Cook Time:

40 min

## **Ingredients**

- 2 each Butternut Squash, Medium, Cut in half, seeds cleaned out
- 2 tbsp Olive Oil
- 1/4 tsp **Salt**
- 1/4 tsp Black Pepper
- 1 tbsp Olive Oil
- 1 each Onion, Diced
- 14 oz Sweet Italian
  Sausage, Casings removed, crumbled
- 1 each Fennel Bulb, Small, Thinly sliced
- 4 each Garlic Cloves, Minced
- 1 tbsp Italian Seasoning
- 1/4 tsp **Salt**
- 1/4 tsp Black Pepper
- 1/2 tsp Ground Dried Sage

## **Method of Preparation**

#### Step 1

Preheat the oven to 400 degrees F.

Drizzle cut side of butternut squash with olive oil and season with salt and pepper.

Place cut side down on a lined baking sheet and roast for 30-40 minutes.

#### Step 2

In a saute pan, saute onion for 2 minutes.

Add in sausage, garlic, fennel and dried spices until the sausage is cooked through.

## Step 3

Add maple syrup, spinach, cranberries, and pecans. Turn off heat and mix until the spinach has wilted.

Add 1/2 cup of gruyere cheese to mixture and stir to combine.

#### Step 4

Once you are done roasting the butternut squash, change the oven to broil.

Turn over roasted butternut squash and scoop out some of the flesh to leave a 1-inch border along the side.

### Step 5

• 2 tbsp Maple Syrup

• 4 oz Spinach, Fresh

• 1/2 cup Cranberries, Dried

• 1/2 cup **Pecans**, Chopped

• 1 1/2 cups **Gruyere Cheese**, Shredded

Fill each half equally with the sausage mixture.

Top each half equally with the remaining 1 cup of gruyere cheese.

Broil for a few minutes or until the cheese is melted and golden brown.

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