

Whipped Pumpkin Feta Dip



Servings:

10

Prep Time:

10 minutes

Ingredients

- 8 oz **Crumbled Feta Cheese**
- ½ cup **Plain Greek Yogurt**
- 1 can **Pumpkin Puree**
- 1 tbsp **Honey**
- 1 tbsp **Fresh Chopped Thyme**
- ½ tbsp **Honey**, for garnish
- 2 tbsp **Pumpkin Seeds**, for garnish
- 1 tsp **Cinnamon**, for garnish

Method of Preparation

Step 1

Blend feta and yogurt in a food processor.

Step 2

Add pumpkin puree and honey. Blend until well mixed.

Step 3

Transfer to a dish and cover. Refrigerate for 30-60 minutes.

Step 4

Garnish with a drizzle of honey, cinnamon, fresh thyme and pumpkin seeds.

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