

Turkey Stroganoff



Servings: 6

Prep Time: **5 minutes**

Cook Time: 25-30 minutes

Ingredients

- 2 tbsp Olive Oil
- 1 lb Dave's Turkey Tenderloin Tips
- 4 cloves Garlic, minced
- 1/2 Yellow Onion, diced
- 10 oz Mushrooms, sliced
- 1 tsp Paprika
- 1 tsp Dried Thyme
- 1 tsp Salt
- 1/2 tsp Black Pepper
- 2 tbsp Flour
- 4 cup Chicken Stock, Low Sodium or Unsalted
- 1 tbsp Worcestershire Sauce
- 8 oz Egg Noodles
- 2 oz Cream Cheese

Method of Preparation

Step 1

Add oil to a stock pot on medium heat. Pat dry turkey tips.

Add to pot and sear on both sides for 2-3 minutes.

Step 2

Remove turkey tips from pan. Add onions and mushrooms and sauté for 5 minutes, stirring occasionally.

Step 3 Add garlic, spices and flour and cook for 1 minute.

Step 4

Add chicken stock, Worcestershire sauce and turkey tips back to the pot.

Bring to a boil, cover and reduce heat to a simmer for 10-12 minutes.

Step 5

Remove cover, add egg noodles and bring back to a boil. Cook until noodles are tender.

Step 6

Remove from heat, stir in cream cheese and yogurt until melted. Let sit for 10 minutes, partially covered. Garnish with parsley. Add salt and pepper to taste if desired.

• 4 oz Plain Greek Yogurt

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