

Instant Pot Vegan Lentil Soup



Servings:

6

Ingredients

- ½ **Yellow Onion**, diced
- 1 cup **Dry Lentils**
- 2 **Carrots**, diced
- 2 **Celery Stalks**, diced
- 1 cup **Green Beans**, diced
- 3 **Yukon Potatoes**, diced
- 64 oz **Vegetable Broth**, (32 fl oz of Low Sodium Broth)
- 4 cloves **Garlic**, minced
- 1 tbsp **Cumin**
- 1 tbsp **Oregano**
- 1 tsp **Salt**
- Garnish: **Fresh Parsley & Cracked Black Pepper**

Method of Preparation

Step 1

Add all ingredients to the instant pot.

Step 2

Cover and set the valve to sealing.

Press the soup setting and set the timer to 15 minutes.

Step 3

Once the timer is done, quick release the steam valve.

Garnish with fresh cracked pepper and chopped parsley.