

Instant Pot Vegan Lentil Soup



Servings:

6

Ingredients

- 1/2 Yellow Onion, diced
- 1 cup Dry Lentils
- 2 Carrots, diced
- 2 Celery Stalks, diced
- 1 cup Green Beans, diced
- 3 Yukon Potatoes, diced
- 64 oz **Vegetable Broth**, (32 fl oz of Low Sodium Broth)
- 4 cloves Garlic, minced
- 1 tbsp Cumin
- 1 tbsp Oregano
- 1 tsp Salt
- Garnish: Fresh Parsley & Cracked Black Pepper

Method of Preparation

Step 1

Add all ingredients to the instant pot.

Step 2

Cover and set the valve to sealing.

Press the soup setting and set the timer to 15 minutes.

Step 3

Once the timer is done, quick release the steam valve.

Garnish with fresh cracked pepper and chopped parsley.

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