

# **Butternut Squash Apple Bruschetta**



Servings:

5

Prep Time:

10 minutes

Cook Time:

20 minutes

# **Ingredients**

- 2 cups Butternut Squash, diced
- 1 cup Apples, diced
- 5 tbsp Olive Oil
- 1/2 tsp Ground Cinnamon
- 1/4 tsp Ground Nutmeg
- 1/4 tsp Allspice
- 1/4 tsp Ground Cloves
- ½ tsp Salt
- ½ tsp Black Pepper
- ½ Dave's Crusty Parisian Bread, sliced
- 1 cup Skim Milk Ricotta Cheese
- 4 cloves Garlic, minced
- 8 Sage Leaves, chopped
- Drizzle of Balsamic Reduction

# **Method of Preparation**

## Step 1

Preheat the oven to 400°F.

Toss the diced butternut squash and apples with 2 tbsp olive oil and spices.

# Step 2

Place on a baking sheet and roast for 10-15 minutes.

#### Step 3

While the squash and apples are roasting, brush the sliced bread with 1 tbsp olive oil. Set aside.

# Step 4

Add 2 tbsp olive oil to a small fry pan over medium high heat.

Add the garlic and chopped sage leaves and sauté for 1-2 minutes. Remove from heat.

# Step 5

When the butternut squash and apples are done roasting, remove from the oven and mix the garlic/sage mixture in.

#### Step 6

Place the bread in the oven for 2-3 minutes, or until lightly toasted.

Top each slice with ricotta cheese.

### Step 7

Place a scoop of the squash and apple mix on each slice of bread.

Step 8

Garnish with a drizzle of balsamic reduction.

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