

Cinnamon Raisin Oatmeal Bars



Servings:

12

Prep Time:

5 minutes

Cook Time:

1 hour

Ingredients

- 1 ½ cups **Quick Cooking Oats**
- 1 cup **Rice Cereal**
- ¼ cup **Maple Syrup**
- 2 tbsp **Honey**
- 4 tbsp **Butter**
- -- **Pinch of Salt**
- ½ tsp **Vanilla Extract**
- 1 tsp **Cinnamon**
- ½ cup **Raisins**

Method of Preparation

Step 1

Line a baking pan with parchment paper.

Combine oats, cereal, and salt. Set aside.

Step 2

In a saucepan, bring maple syrup, honey and butter to a boil. Stirring continuously, boil for 3-4 minutes.

Step 3

Remove from heat and mix in vanilla extract.

Step 4

Pour over the dry mix with cinnamon and raisins. Mix well.

Step 5

Press firmly into the parchment lined pan.

Refrigerate for at least 1 hour before slicing into bars.

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