

## Broccoli Summer Salad



Servings:

**4 servings**

Prep Time:

**15 minutes**

Cook Time:

**15 minutes**

### Ingredients

- 2 cups **Broccoli**, finely chopped
- 1 ¼ cup **Blueberries**
- 1 cup **Matchstick Carrots**
- ½ cup **Dried Cranberries**
- 1 **Small Red Onion**, diced
- ¼ cup **Fresh Cilantro**, chopped
- ¼ cup **Fresh Parsley**, chopped
- ½ cup **Toasted Almonds**, sliced
- 1 cup **Plain Greek Yogurt**
- 1 tbsp **Lemon Juice**
- ¼ cup **Honey**
- 2 tsp **Apple Cider Vinegar**
- 1 tbsp **Poppy Seeds**

### Method of Preparation

#### Step 1

In a large bowl add broccoli, blueberries, red onion and carrots.

#### Step 2

Add chopped cilantro and parsley.

#### Step 3

Add almonds and dried cranberries.

#### Step 4

In a separate bowl, add greek yogurt.

#### Step 5

Add lemon juice and apple cider vinegar.

#### Step 6

Next, add poppy seeds.

#### Step 7

Lastly, add honey. Whisk to combine.

#### Step 8

Pour greek yogurt mixture over salad.

#### Step 9

Toss well to evenly coat. Enjoy!

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