

Broccoli Summer Salad



Servings:

4 servings

Prep Time:

15 minutes

Cook Time:

15 minutes

Ingredients

- 2 cups **Broccoli**, finely chopped
- 1 ¼ cup **Blueberries**
- 1 cup **Matchstick Carrots**
- ½ cup **Dried Cranberries**
- 1 **Small Red Onion**, diced
- ¼ cup **Fresh Cilantro**, chopped
- ¼ cup **Fresh Parsley**, chopped
- ½ cup **Toasted Almonds**, sliced
- 1 cup **Plain Greek Yogurt**
- 1 tbsp **Lemon Juice**
- ¼ cup **Honey**
- 2 tsp **Apple Cider Vinegar**
- 1 tbsp **Poppy Seeds**

Method of Preparation

Step 1

In a large bowl add broccoli, blueberries, red onion and carrots.

Step 2

Add chopped cilantro and parsley.

Step 3

Add almonds and dried cranberries.

Step 4

In a separate bowl, add greek yogurt.

Step 5

Add lemon juice and apple cider vinegar.

Step 6

Next, add poppy seeds.

Step 7

Lastly, add honey. Whisk to combine.

Step 8

Pour greek yogurt mixture over salad.

Step 9

Toss well to evenly coat. Enjoy!

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