

Garlic Parmesan Brussels Sprouts



Servings:

5 servings

Prep Time:

10 minutes

Cook Time:

20 minutes

Ingredients

- 1 ½ lb **Brussels Sprouts**, halved
- 2 tbsp **Olive Oil**
- 1 tsp **Garlic Powder**
- ¼ tsp **Salt**
- ¼ tsp **Black Pepper**
- ¼ cup **Grated Parmesan Cheese**

Method of Preparation

Step 1

Preheat oven to 400°F. Line a baking sheet with parchment paper.

In a large bowl, combine all ingredients.

Step 2

Toss to evenly coat.

Step 3

Spread brussels sprouts into a single layer on baking pan.

Roast for 15-20 minutes or until tender. Flip halfway through.

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