

Superfood Dark Chocolate Bark



Servings:

15 - 20

Prep Time:

5 minutes

Cook Time:

20 minutes

Ingredients

- 1 bag Dark Chocolate Chips
- 2 tsp Chia Seeds
- 1/4 cup Walnuts, finely chopped
- 1/2 cup Dried Fruit, chopped
- Optional Pumpkin Seeds
- Optional Sliced Almonds

Method of Preparation

Step 1

Preheat oven to 250°F. Spread out chocolate chips on parchment lined baking sheet.

Step 2

Place in oven for 3 minutes, or until the chocolate has slightly softened.

Step 3

Using a spatula, spread the chocolate out into an even layer.

Step 4

Top with chia seeds, chopped walnuts and dried fruit.

Additional toppings include: sliced almonds, pumpkin seeds & pomegranate seeds

Step 5

Place in the refrigerator for 1 hour to set and harden.

Break into pieces and enjoy!

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