

Tomato Basil Turkey Meatballs



Servings:

15 meatballs

Prep Time:

10

Cook Time:

20

Ingredients

- 1 lb ground turkey
- ¼ cup almond flour
- 2 tbsp fresh basil, chopped
- 1 tsp garlic powder
- ¼ tsp dried oregano
- 2 tbsp tomato paste
- ¼ tsp salt
- 1/8 tsp black pepper

Method of Preparation

Step 1

Preheat oven to 400°F.

Step 2

Mix all ingredients together in a large bowl.

Step 3

Lightly coat the wire rack on the baking pan with cooking spray. Using a cookie scoop, form meatballs approximately 1" in diameter.

Step 4

Bake for 12-15 minutes, switch oven to broil and cook for an additional 3-4 minutes.

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